

THE MECHANICAL BRAG

PRESIDENT'S MESSAGE



2010-2011 MCAH President

I am pleased to provide a message of optimism about the future. The economy locally while not robust, has stabilized, and we continue to see the execution of "Shovel ready" projects with a countdown to completion in the new year. What does that mean for us in terms of continued infrastructure investment. I would expect the investment will be even more pronounced in the future, and relay the following statistics to support this view.

In 2006 the infrastructure deficit was estimated to be \$60 Billion for all of Canada. These are projects that protect and maintain the safety of our roads, rail, water, and airways, protect the quality of our water supply, and the air that we breathe, and provide the support of health care and education to ensure a prosperous future for the next generation of Canadians. In 2010 it is estimated to be closer to \$125 Billion.

I believe we live in the best country in the world. I know there are others who share this view, and are making changes to ensure we remain the best country in the world. These investments in our future will continue to be a catalyst in the economic recovery for some time into the future. Housing starts in August are up in Hamilton. US Steel has restarted their facility in Nanticoke, and production of steel continues to improve. There are plans for new health care facilities, water treatment plants, wastewater plants, and new educational facilities. With any luck, we may have a decision on investment in the Pan Am games.

Our member contractors report steady employment numbers, allowing the board of directors to have the confidence to continue with programs which support our community, and the future of our businesses. Continuing support for education, with the award of twenty scholarships in August. Subsidized education programs, supervisory training, and project management courses. Student Chapter at McMaster University Faculty of Engineering. Heavy Construction Chair Endowment at McMaster University. Revitalized trades programs offered through JATC for UA members. Continued support for labour management, health and safety matters. An active and progressive Associate Member group, with keen interests in building strong industry relationships. Contributions to local charity organizations. I will close by saying it has been a pleasure to be the President with such a strong and motivated board continuing to work on behalf of the interests of our member contractors, our industry, and our community.

Paul Shewfelt
President, MCAH

CELEBRATING OUR INDUSTRY'S FINEST - A MEMORABLE NIGHT!

When your industry peers come calling to recognize your outstanding career achievements...what do you do? MCAH Past President Robert (Don) Stewart, this year's Hamilton-Halton Construction Association Construction Hall Of Fame inductee graced us with his humour at the podium during a memorable acceptance speech while his family, loyal friends and industry supporters filled the room to capacity!



An evening definitely worth sharing in pictures.
Congratulations Don!



MCA Hamilton AGM 2010 "The REAL MUSKOKA" Highlights!

If you didn't attend, you probably heard, you missed an eventful weekend at The Delta Sherwood Port Carling, Muskoka On Lake Joseph. Contractor, Associate Members, Past Presidents, Sponsors and VIP's from our provincial office mingled throughout the weekend held on Friday, May 28th thru to the 30th. Highlights included our Annual General Meeting, a Drumming Team Building Session, daily fabulous feats, our 24 hour Hospitality Suite, Interior Design spouses programming, Muskoka boat cruise, Mardi Gras theme party and a surprise 'Roast' for our returning President Paul Shewfelt! Sponsors and MCAH directors teamed up to showcase their best creativity as Paul walked the plank on our steamship cruise along with a few added surprises! Our 1st Annual Associate Member Trade Show made networking history as game activities and prize giveaways were featured at every booth. Without the support of our generous sponsors our weekend would not have been possible.

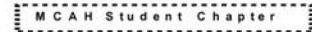
THANK YOU!



THANK YOU!
PRESENTING SPONSORS:



ASSOCIATE MEMBER TRADE SHOW SPONSORS:



ROOM GIFT DONORS:

WINE SPONSORS:



BRIDGING THE SOCIAL MEDIA GAP

This past May our 2010 AGM concealed the introduction of our master plan to bridge the social media gap. Research started last year to address this paradigm shift as the Promotion Committee reviewed the possibilities. Introduced through our innovate "Group Drumming Session" lead by dynamic Boom President, Paul Houle, this interactive workshop focused on teamwork, leadership, inclusion and organization transition. These workshops use a variety of hand drums and percussion instruments as the tools. Participants are led through a series of easy and fun musical exercises with no musical experience is necessary. This workshop engaged everyone's participation with the goal of using each others strengths and abilities to achieve more than they thought possible. Paul's energizing and interactive program created an inclusive culture among participants, transforming us from a group of individuals to an amazing inter-connected, inter-dependent ensemble cheering our remarkable results!

As a result our 1st YouTube Broadcast! Visit www.youtube.com/boomdrumming or www.boomdrumming.com Featured on CBC "Venture", Global TV "MoneyWise" and in "Profit" Magazine this program is highly recommended to companies desiring inspired team building, and enhanced togetherness resulting in increased productivity.



Supported by our Education Committee, MCAH is now phasing in aspects of social media to improve marketing, communications, time management and exploring cost saving tactics. Our first webinar in our "Virtual Classroom" allowed members to learn and participate in the comfort of their office while providing additional anonymous participation if required. Research continues as other venues might include a free Skype account to save members money or perhaps Professional Social Sites such as LinkedIn or establishing a Message Board leading to professional industry discussions and professional development while building brand-building benefits. To date, neither Facebook or Tweets on Twitter have made our wish list and are not likely to in the near future.

(L to R): Adam Freill Mechanical Business Editor discusses his upcoming media workshop he will deliver to MCAH Members with Promotion Committee Chairman Mike DiLallo



(L to R): Education Committee Chairman Bill Patterson, Directors George Furness and Dominic Fazio meet with Patricia Williams, Daily Commercial News and Construction Record Staff Writer who continues to published numerous MCAH articles

It is clear, benefits cannot be realized without determining objectives, creating some arbitrary rules, and realizing potential opportunities and risks. Many organizations establish Social Media Policies from the outset. The following guidelines were worth sharing as we continue our investigation.

Members are encouraged to contact MCAH with your comments to assist in our social media planning.

ESTABLISHING PUBLIC POLICIES

1. Introduce the purpose of social media
2. Be responsible for what you write
3. Be authentic
4. Consider your audience
5. Exercise good judgment
6. Understand the concept of community
7. Respect copyrights and fair use
8. Remember to protect confidential & proprietary information
9. Bring value
10. Productivity matters

BRAGGING RIGHTS!

Welcome New Contractor Member

- ✓ Sprint Insight Inc.

Welcome New Associate Members

- ✓ Control Chem
- ✓ McGowan Insulations Ltd.
- ✓ Robbinex Intermediaries
- ✓ Wentworth Financial Services Inc.
- ✓ BDO Canada LLP
- ✓ Harsco Infrastructure Americas/A division of Harsco Corporation
- ✓ Mech Tech.
- ✓ Staebler Insurance Brokers

NEW

MCAH MEMBER NEWS !

- ☺ MEMBER ANNOUNCEMENTS WANTED
- ☺ ACKNOWLEDGE YOUR TEAM
- ☺ SHARE ACCOMPLISHMENTS
- HONOURS & AWARDS



MEMORIES OF THE STUDENT CHAPTER - BRYCE JONES

As MCAH McMaster University Student Chapter (MCAHSC) President, Bryce Jones completes his leadership term, his report reveals a valuable perspective from one of our brightest, future industry leaders. *(Photo): 'Social Networking'* MCAHSC President Bryce Jones (centre), built valuable relationships with MCAC President Richard McKeagan (left) and MCAH President Paul Shewfelt.



Community Outreach Program:

The community outreach program was a huge success that could easily be measured by the level of excitement in the room and the size of the smiles on the kids' faces. The afternoon started off by giving the students some background information on the various different jobs that are required to complete a structure. We proceeded in training the kids to be experts in a specific field and then brought them all together and introduced the projects. I found it extremely interesting to watch the way that each group approached their designs. We gave them some guidance but mostly watched their creativity explode in ways I could never have imagined. After the projects were completed, it was time to put them to the test. If there's one thing that the kids loved more than designing and constructing their projects, it was destroying them! After watching the kids pile everything they could possibly find in the gym into a small milk crate, supported by a Popsicle bridge they finally gave up and decided to stand on it. To the amazement of us all it still managed to hold together!

As we were cleaning up I had several kids come up to me to thank me and ask, "When are you guys coming back!?" The day was educational, a great chance to reach out into our community but most of all it was a lot of fun for everyone. It's not every day that you get a chance to go back and be a kid again. *(See article and photos Page 7)*

Site Tours:

As a member of the MCA H Student Chapter I was able to go on several different site tours, some with a contractor "Meet and Greet" afterwards. The site tours gave us all a chance to experience firsthand all the things that we were learning in class, in real life situations. The days would typically start with a presentation on the background information of the company and the industry. They would then take us behind the scenes (sometimes into places not open to the public) and show us how everything worked, while the experts fielded any of our various questions. I was definitely reassured about the safety of flying when walking through Pratt & Whitney Canada and being told how precise all of their tolerances were on their parts and equipment. If it wasn't perfect, then it had to go back and be fixed until it was.

After returning from a site tour, we always had lots to talk about with the contractors. The Meet and Greet was a great chance to network with the different contractors. The conversations were always beneficial as they were good practice in preparing for interviews and we had the chance to gain some new contacts. The contractors often gave interview tips and sometimes the simple conversations even doubled as an informal interview.

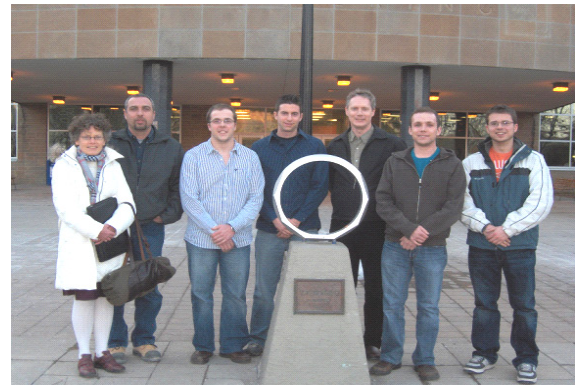
MCAA Competition:

I was one of three members of the competition team fortunate enough to be sent down to the annual MCAA conference for the introduction of the year's project. Besides the chance to take a few days off school, I will always remember the MCAA conference for the motivation and ambition evident in the students. Before the announcement of the project, we were broken down into small teams and given a mini-project for the weekend, to be presented before we left. Even between all the site tours, activities, and other time constraints, each group successfully managed to develop impressive presentations and present them to the judges. Each chapter was also given the opportunity to introduce themselves and share their fundraising and community outreach activities. I found that this was a great way to share different successful ideas and bring some of them back home. When we were finally introduced to the Request For Proposal we were all excited to bring it home and get started.

Besides developing the usual team building and time management skills, the MCAA competition also introduced us to industries other than those taught at the university. We had the chance to learn how to read engineering drawings, cost out products, develop a project schedule and organize a formal bid based on a real life project. At different points throughout our project we sat down with contractors to get their input, suggestions and simply pick their brains. It was a great chance to network and after completing the project one of the companies we sat down with was impressed with us and contacted the competition team to offer us all interviews. They ended up hiring two of the six of us!

Chance to Be a First:

As the first MCA Student Chapter in Canada to cross borders, we also have the chance to be a role model for all other universities/colleges interested in putting together a chapter. We have already had a member from another university sit in on one of our monthly meetings to get a feel for our operations. The chapter is helping students to be better prepared to enter into industry. We are opening the doors to various different opportunities for both students and contractors. It's all very new and exciting and I am glad that I was involved.



MCAH 2010 FALL EDUCATION PROGRAMS & SEMINAR SCHEDULE

2010 FALL EDUCATION PROGRAMS & SEMINARS	FACILITATOR	DATE	DESCRIPTION	MCAH MEMBER COST & SUBSIDY
Supervisory Program *Gold Seal	CMCEF	October 26th – 29th November 24th - 26th	Management Training	\$2,320 or \$2,100 + HST /Yes
Jobsite Productivity *Gold Seal	CMCEF	December 1st	Save Time and Money	\$455 or \$415 + HST /Yes
Project Management *Gold Seal	CMCEF	November 11th - 15th December 9th - 13th	Management Training	\$2,925 or \$2,600 + HST /Yes
LEEDS Building Systems	TBA	2011/TBA	Construction Waste & Construction Indoor Air Quality Management	TBA/TBA
Primavera, Quick Pen	TBA	2011/TBA	Software Training	TBA/TBA
Salesmanship & Coaching	MCAH Member Plus Program Stepright Capital Planning Inc.	Thursday, September 2, 2010 7:30 am Registration 8:00 am—10:30 am Session	Boost Your Sales and receive a copy of the International Best Selling Book Sales Guru's Speak Out	FREE
14 Alternatives to Selling Your Business (Webinar, capped at 20 seats)	MCAH Member Plus Program Robbinex Business Intermediaries	Thursday, September 23, 2010 7:30 am Registration 8:00 am—10:30 am Session	What's right for you and your business?	FREE
Gas Detection	MCAH Member Plus Program Levitt Training & Consulting	Thursday, October 7, 2010 7:30 am Registration 8:00 am—10:30 am Session	Selection, Care, Use and Maintenance	FREE
Risk Management	MCAH Member Plus Program Hub International	Thursday, October 21, 2010 7:30 am Registration 8:00 am—10:30 am Session	Understanding the Risks in your busi- ness including fleet management, liability concerns, claims process and contract management	FREE
WSIB Claims Management	MCAH Member Plus Program Wellington At Work. Inc.	Thursday, November 4, 2010 7:30 am Registration 8:00 am—10:30 am Session	Occupational Health Service/Case Management, Safety Systems Management and WSIB Practice	FREE
*Gold Seal Prep Practical Ways To Reduce Loss - Managing Risk	MCAH Member Plus Program Federated Insurance	Thursday, November 18, 2010 7:30 am Registration 8:00 am—10:30 am Session	Learn How To Save More Money	FREE
Asbestos Awareness	MCAH Member Plus Program Levitt Training & Consulting	Thursday, December 2, 2010 7:30 am Registration 8:00 am—10:30 am Session	Legislations & Hazard Awareness	FREE

NEW MEMBER PLUS PROGRAM FALL 2010 SCHEDULE

FREE EDUCATION SEMINARS

QUALIFIED INSTRUCTORS

PREFERRED MEMBER DISCOUNTS

This program is designed to save companies money, build new business relationships while increasing MCAH membership benefits.

FREE TRAINING & EDUCATION SEMINARS – Associate members are now offering ALL MCAH members' complimentary education seminars throughout the year. Learn at your company site or at the Construction House during business hours. Flexible seminar lengths, group minimums and certifications offered. To schedule your individual / group session or receive more program information contact MCAH.

BIG \$ SAVINGS - ALL MCAH members can now received a preferred rate, exclusive discount or one time introductory offer.



ASSOCIATE MEMBER - PROFILES



Westlake Industries Inc.

Serving the global marketplace with unparalleled pipe fabrication services.

Westlake Industries was established based on three core values;

Assembling a team of experienced professionals who are passionate about their work and their industry

Continually seeking out constant innovation in the planning, monitoring and fabrication processes

An unwavering commitment to delivering the highest possible Customer Satisfaction

It has been an unflinching dedication to these three core values that have made Westlake a market leader today and it is this vision that will guide us into the future.

"To us, it's not just another project. For the customer, their project is of prime importance, and we try to understand that and make sure it's a success for them."



Richard Westlake, President



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TO BRAND YOUR NAME AT
A NEW LEVEL**

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GREEN APPROACH Water Treatment Programs are designed to consider every process, product and effort with respect to water treatment and the environment. Helping customers find the right alternative to harmful chemicals and ways to reduce energy and water consumption are among our green priorities.

Marks Supply Inc. is a leading wholesale distributor of plumbing, HVAC/R, hydronics and industrial supply products. With seven wholesale branches and three luxury showrooms we have a complete stocking solution throughout south-western Ontario to meet the needs of our customers today and to help overcome the challenges of tomorrow. Our highly trained, knowledgeable product specialists in each location are available to offer solutions to the challenges of a changing marketplace and ensure our customer get the products they need, where they need them and when they need them.

For more information about Marks Supply Inc. visit

www.markssupply.net.

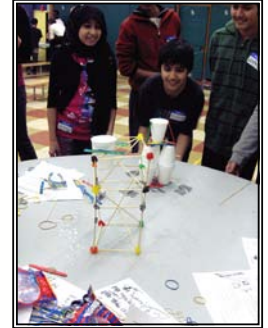


MCMASTER UNIVERSITY STUDENT CHAPTER PRESIDENT LEAVES A LEGACY

In partnership with the Hamilton-Wentworth District School Board, Lake Avenue School Principal Sue Dunlop, a new community outreach program inspired and caught the imagination of their students. *“Grade eight students were excited and energized by the engineering students. Many talked about their plans for university after the session,”* shares Principal Sue Dunlop.



“As we were cleaning up I had several kids come up to me to thank me and ask, ‘When are you guys coming back!?’ The day was educational, a great chance to reach out into our community but most of all it was a lot of fun for everyone. It’s not every day that you get a chance to go back and be a kid again.” explains Bryce Jones MCAH McMaster University Student Chapter (MCAHSC) President who has just completed his term.



As the first MCA Student Chapter in Canada to cross borders to link with MCA America and their well-developed student chapter network consisting of 46 chapters, MCAHSC is also the first to receive a \$3,000 Emerging Student Chapter Grant from MCA America. If successful, MCAHSC promised to mirror other U.S. chapters by developing a new community outreach program. With the guidance of, Gail Shewfelt RN.BN.PHN and Dr. Stephen Veldhuis Student

Chapter Faculty Member / Associate Professor and Director McMaster Manufacturing Research Institute, Department of Mechanical Engineering / McMaster University the project planning really took shape.

MCAHSC efforts have also been recognized by MCA Canada and CMCEF (Canadian Mechanical Contractors Education Foundation) as a role model for other universities/colleges interested in putting together a student chapter. *“We have already had a member from another university sit in on one of our monthly meetings to get a feel for our operations. The chapter is helping students to be better prepared to enter into industry. We are opening the doors to various different opportunities for both students and contractors. It’s all very new and exciting and I am glad that I was involved,”* explains Bryce Jones.

Under the Jones leadership term, an annual Student Chapter Scholarship was established. *“Developing leaders is a key part to the success of any organization. This scholarship is an important way of recognizing leadership potential in an individual and encouraging them to develop this precious skill further,”* Dr. Stephen Veldhuis Student Chapter Faculty Member / Associate Professor and Director McMaster Manufacturing Research Institute, Department of Mechanical Engineering / McMaster University.

Brad Gregus was this year’s Student Chapter Scholarship Recipient. As an overachiever, he has stepped up as incoming MCAHSC President. *“I’m currently entering my 5th and final year at McMaster University studying Mechanical Engineering & Management and I’m specializing in Thermofluids and Energy Systems. I’m very active around the school having been a part of the engineering student society for 3 years and also chairing the maLAB (McMaster Laboratory Advancement Beneficiary) endowment fund for the Engineering Faculty.”*



The Mechanical Contractors Association, Hamilton Region (MCAH) is a not-for-profit organization representing employers in the unionized Mechanical Contracting industry serving Hamilton, Wentworth, Halton, Lincoln, Wellington, Brant, Haldimand and Norfolk Counties. MCAH provides funding for the MCAH McMaster University Student Chapter and assists in governing activities on behalf of their employer members.

Visit the new MCAH McMaster University Student Chapter website:

<http://mcah.mcmaster.ca> or <http://www.mcahamilton.org/chapters.html>



13TH ANNUAL GOLF TOURNEY LUCKY FOR MEMBERS

MCA Hamilton and the Electrical Contractors Association of Hamilton members came out in full force to enjoy a day of social networking on the greens. If you're superstitious, this year's 13th Annual Tourney was in fact lucky



MCAH President Paul Shewfelt with this year's 1st place Foursome

for most, as a sunny day awaited several new contenders competing for our coveted awards. Lucky prize winners include Mike Hubbs - Men's Longest Drive, sorry ladies no one qualified this year - Ladies Longest Drive, Brian Tyers - Titleist Footjoy Head To Toe Package Closet To The Pin Shoot Out, Rick Zehr - Closest To The Pin, Myrna Sguigna - Ladies Closest To The Pin, Sandy Alyman, Jim Harrison, Jeff Feswick, Jim DiNovo - Most Honest Foursome, Mike Hubbs, Brian Tyers, Wes Cox, Jeff Tines - 1st Place Foursome. Our 50/50 Draw raised \$870 with honourable mentions to both Mike Hubbs and Rick Zehr for donating their prize money to the CHML/Y108 Christmas Tree of Hope as the tourney broke even this year. Thank you to radio personality/charitable fund representative Ben McVie for sharing how past donations impact local children.



Best Action Shot
"High Swingers" Baseball Anyone?

HOLE SPONSORS: Ainsworth Inc., Aker Construction Canada, Alberici Constructors Ltd., Comstock Canada, D. J. Mason Electric Co. Ltd., ECAO, E. S. Fox Ltd., Holaco Installations, IBEW Local 105, J & L Electric Contractors Ltd., MCA Ontario, Pearson-Dunn Insurance, The State Group, T. Lloyd Electric, U.A. Local 67, Victor Electric, Western Heating & Plumbing, *Men's Longest Drive* - MCAH Associate Member Committee, *Men's Longest Drive* - J & L Electric Contractors Ltd., *Ladies Longest Drive* - Holaco Installations, *Ladies Longest Drive* - D. J. Mason Electric Co. Ltd., *Men's Closest To the Pin* - Victor Electric, *Men's Closest To the Pin* - J & L Electric Contractors Ltd., *Ladies Closest To the Pin* - Holaco Installations, *Ladies Closest To the Pin* - D. J. Mason Electric Co. Ltd.

GOLF COMMITTEE: Paul Shewfelt – Chairman, Joe Kurpe, Doug Cormier, Jason Campbell, Wanda Heimbecker, Jennifer Mason, Brian Rielly, Vic Schubert, and Denise Stokes **TOURNAMENT DAY HELPERS:** Nicole Stokes, and Jacob Stokes

A special thank you to ALL of our tourney donors & golfers!

MCAH MEMBER & INDUSTRY NEWS

At the 2011 Annual General Meeting changing of the guard, it is with appreciation for his leadership and many well wishes to departing director **Ian Turnbull, Aecon Industrial** who recently completed his board of director term. A special welcome to new MCAH director **Bill Patterson, Comstock Canada Ltd.** U.A. Local 67 election results reinstated Business Manager, **Mark Ellerker** and announced **Gary Ellerker** as their new Business Agent. Welcome MCAH part-time term/staff members **Jesse Bye**, a recent Mohawk College Marketing/Business graduate and **Susan Mathewson** who assisted with the summer research, administrative projects including the newly released **Member Plus Program**. **Rick Zehr**, Crane Supply has joined MCAH as their company representative. Members are reminded to contact U.A. Local 67 to order a **FREE MCAH/UA Construction Site Banner** to be placed at your building site, ask for Gary Ellerker. **Tim Meadows, Victaulic VP & GM, MCAC's Associate Member Council Chairman** sends his best wishes to the **MCAH Associate Member Committee**, "Belonging to our membership offers many fulfilling opportunities and a new way to interact with customers on a different level. I congratulate MCA Hamilton on their tremendous progress and encourage other offices to participate." **Wayne Branchaud, Stepright Capital Planning Inc. President, MCAH's Associate Member Committee**

Chairman received municipal honours as a Brantford-Brant Chamber of Commerce Business Excellence Awards finalist. His Associate Member Committee Chairman second term was recently renewed. Joining on the Associate Member Executive Committee are **Co-chairman Mike O'Neill, McGowan Insulations Ltd., Secretary Michael Douglas, Levitt Training & Consulting** and **Treasurer Paul Salters, Staebler Insurance Brokers**. Members are encouraged to visit **Reif Estate Winery** at www.reifwinery.com our 2010 AGM wine sponsor who's contributions exceeded our expectations! **Glenn Hanson, TESC Shewfelt Contracting Corporation** is currently pursuing his Gold Seal Accreditation, another outstanding achievement! Don't forget to support our two **Student Chapter Fundraisers - 50/50 Draws** this year to be held at our **Annual Christmas Party** and **2011 AGM**. **MCAH Director Mike DiLallo, Alberici Constructors, Faculty Liaison Dr. Stephen Veldhuis, and Student Chapter members Ben Mutton and Trevor Caldwell** will attend the MCA America Student Chapter Summit this fall. Members of our Student Chapter Executive and Competition Team Announcement is coming soon. Thank you to planning and resource partners **CMCEF, MCAC** and **MCAK!**

MCAH is looking for YOUR MEMBER NEWS for our next newsletter!

Please share your good news, new team member announcements, awards and program or product launches.

MCAH GOLF SHIRTS: GREAT GIFT IDEA!

LOOK REAL COOL WHILE HELPING OUR STUDENT CHAPTER

RETAIL COST \$40.00

(\$35.00 Shirt Cost + \$5.00 Student Chapter Donation)

All Proceeds Directed to support

MCAH Student Chapter Education Programming

"Our next generation, the best and brightest"



16th Annual Mechanical Contractors Association Scholarship Awards Exceeds \$302,000.00 Since Program's Inception

The Mechanical Contractors Association of Hamilton held their 16th Annual Scholarship Awards Ceremony at the Faculty Club of McMaster University. Honouring tradition, twenty \$1,000.00 scholarships were awarded to extraordinary students, children of salaried employees of MCAH Member Companies. Recipients are students either entering or currently enrolled in universities or colleges across Canada who maintained an exceptional grade average, established an outstanding commitment to their community through volunteerism and demonstrated superior interest in the mechanical contracting industry or their chosen field of study. New this year, the MCA Hamilton McMaster Student Chapter Scholarship was increased to \$1,500 as a result of obtaining a MCA America Emerging Student Chapter Grant.



MCAH Vice President, Lorraine Waller hosted the awards and shares, "We matched last year's record-breaking 42 submissions again this year. Every year the recipient judging is difficult to say the least with the receipt of many, many accomplished applicants. The level of proficiency and achievement reached by the students this year has been absolutely top notch, both in their academic and community involvement. These students are progressive, optimistic thinkers, who know how to challenge themselves and have the results to prove it as testament to their diligence. For it is diligence that causes them to stay up with your homework until the 'wee hours' of the morning and I quote"... "Perseverance is the hard work you do after you get tired of doing the hard work you already did". And remember as Franklin D. Roosevelt said..... "When you come to the end of your rope, tie a knot and hang on."

(Photo Left to Right) - The evenings VIP's included - MCAH Directors Jason Campbell and George Furness, Student Chapter Immediate Past President Bryce Jones, Dr. Stephen Veldhuis Student Chapter Faculty Member / Associate Professor and Director McMaster Manufacturing Research Institute, Department of Mechanical Engineering / McMaster University, MCAH Vice President / Emcee Lorraine Waller, MCAH Past President Ron Marcotte, MCAH Immediate Past President Douglas Cormier and MCAH Director Dominic Fazio.

Special recognition gifts were also given to Student Chapter Immediate Past President Bryce Jones, and Dr. Stephen Veldhuis Student Chapter Faculty Member / Associate Professor and Director McMaster Manufacturing Research Institute, Department of Mechanical Engineering / McMaster University for their outstanding dedication. To date, MCAH contractor membership dues have funded over \$302,000.00 in scholarship awards since the program's inception in 1995.

Congratulations to this year's recipients!

2010 SCHOLARSHIP RECIPIENT

- Allison Aresenault
- Scott Aresenault
- Melanie Byron
- Sarah Colantino
- Rachel D'Agostino
- Olivia Domotor
- Cristie Breanne Graham
- Jacob Hubbs
- Matthew Huisman
- Nick Lamont
- Shelby Loveless
- Brittany MacMillan
- Shannon Mardell
- Sarah Marion
- Doug Murphy
- Joseph Murphy
- Jeffrey Pellizzari
- Jessica Shelley
- Justin Terreberry
- Josh Wellstood
- Brad Gregus

MCAH MEMBER COMPANY

- E.S. Fox Ltd.
- E.S. Fox Ltd.
- Aker Construction Canada Ltd.
- Comstock Canada Ltd.
- Hoffer Mechanical Company Ltd.
- BML Multitrades Group
- Aker Construction Canada Ltd.
- Alberici Constructors
- E.S. Fox Ltd.
- E.S. Fox Ltd.
- E.S. Fox Ltd.
- Black & McDonald Ltd.
- Aker Construction Canada Ltd.
- Alberici Constructors
- Comstock Canada Ltd.
- Comstock Canada Ltd.
- Western Plumbing and Heating
- Alberici Constructors
- E.S. Fox Ltd.
- Aecon Industrial
- Student Chapter Scholarship

ATTENDING

- Queen's University
- Brock University
- McMaster University
- Niagara College
- McMaster University
- University of Ottawa
- Niagara College
- Western University
- Mohawk College
- Western University
- Brock University
- Guelph University
- Mohawk College
- Queen's University
- Western University
- Brock University
- McMaster University
- Queen's University
- Niagara College
- McMaster University
- McMaster University



MCMASTER CHILDREN'S HOSPITAL CONTINUES TO INSPIRE CONSTRUCTION INDUSTRY COMMUNITY PARTNERSHIP

The Mechanical Contractors Association Hamilton, representing employers in the unionized Mechanical Contracting industry serving Hamilton, Wentworth, Halton, Lincoln, Wellington, Brant, Haldimand and Norfolk Counties. With the help of their industry partner U.A. Local 67, providing well-trained journeymen, forces are now joined to help generate much needed funds for McMaster Children's Hospital and the other Hamilton Health Sciences' hospitals and cancer centre.

"McMaster Children's Hospital and the Hamilton Health Sciences Foundation are extremely grateful for the support received from the Mechanical Contractors Association of Hamilton and U.A. Local 67 during the past 22 years, including their recent gift of \$2,968. It is this type of community giving that enables us to provide the specialized equipment that supports our health care professionals so that they can effectively care for the people of this region". Parker Neale, Hamilton Health Sciences Foundation Development Officer.

Generous U.A. Local 67 employee members raised funds at their Annual Awards Night, along with donation contributions from each community partner. Discussions to explore additional fundraising events are now underway. Both U.A. Local 67 and MCA Hamilton remarked, *"Our member companies and employees remain dedicated to maintaining our industry reputation of representing quality workmanship through the delivery of the highest standards and practices. Although our members set the bar higher for everyone else, we know they'll translate the same commitment to helping the communities we serve."*

Since 1990, MCA Hamilton employer members have contributed \$18,248.00 to various Hamilton Health Sciences Foundation campaigns, which include McMaster Children's Hospital, St. Peter's Hospital, and the Juravinski Cancer Centre. This fall MCAH's generous donor history will be formally acknowledged and celebrated at the annual Hamilton Health Sciences Foundation donor recognition ceremony.

McMaster Children's Hospital is one of Canada's leading pediatric health care facilities and is the regional referral centre for children who are seriously ill, injured or require specialized services in South-Central Ontario. More than 180,000 visits are made to the hospital throughout the year. Specialized services include 40 pediatric clinics, the province's largest neonatal intensive care unit and the only pediatric trauma centre in the region.



(Photo left to right) - Mechanical Contractors Association Hamilton President, Paul Shewfelt, Hamilton Health Sciences Foundation Development Officer Corporate and Community Initiatives, Parker Neale, and U.A. Local 67 Business Manager, Mark Ellerker.



HST BUZZ

Earlier this year, the government of Ontario's plan to introduce the Harmonized Sales Tax ensured the prompt delivery of a proactive plan by the MCAH Education Committee. In partnership with the Hamilton Halton Construction Association, close to 200 members received preparatory training from industry's finest.



In January, our partnership with the Ontario Ministry of Revenue and BDO Canada LLP offered a FREE HST Information Session at Liuna Station, in Hamilton also sponsored by Wentworth Financial Services Inc. and Merlo Electric. This session quickly filled to capacity with over 100 participants in attendance. Presenters' Jeremy Bertrand, Tax Advisory Specialist from the Ontario Ministry of Revenue and Rino Bellavia, Commodity Tax Specialist from BDO Canada LLP kept the crowd engaged.

In response to member requests, two 'in-depth' training sessions were also held in April and May featuring construction sector case studies. Rino Bellavia returned along with Ralph Fiala, Director of Sales Tax Services at Grant Thornton. Sessions focused on the key transitional rules and their implications to construction contracts, suppliers and business operations.



CMCEF FALL / SPRING EDUCATION PROGRAMMING - ONTARIO

COURSE TITLE	LOCATION	DATE
Supervisory	Cambridge	Week 1: Oct 26-29
Project Management	Waterloo	Week 1: Nov 11-15
Computerized Mechanical Estimating	Concord	November 23-25
Supervisory	Cambridge	Week 2: Nov. 24-26
Agile Construction	Woodbridge	November 19
Dispatcher Training	Ottawa	November 10-11
Introduction to BIM	Cambridge	November 18
Project Management	Waterloo	Week 2: Dec 9-13
Leadership, Relationship, Change	Toronto	December - TBA
Jobsite Productivity	Hamilton	December 1
How to Turn Around a Job Going Bad	Cambridge	December 2
Project Documentation	Kingston	December 3
Project Documentation	Cambridge	January 14
Strategic Planning for Sub-Contractors	Toronto	January 27
Growing and Developing Service Supervisors	Cambridge	February 10-11
Computerized Mechanical Estimating	Concord	March 29-31
Project Management Essentials for Contractors	Toronto	March 3-4
Project Management Essentials for Contractors	Ottawa	March 24-25
Project Management Essentials for Contractors	Kingston	March 31–April 1
Project Scheduling and Time Management Made Easy	Toronto	April 4
LEED Core Concepts and Strategies	Cambridge	TBA

* **Courses listed in bold receive a MCAH Training Subsidy: MCAH will pay 50% of the cost for a maximum of 2 attendees per company member completing each course.**

For more information contact: Tania Johnston

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CMCEF - Building Tomorrow's Construction Leaders Today



MCAH SOCIAL CALENDAR

- ▣ Pub Night, Hosted by the Associate Member Committee - October 21st, 2010, Kelsey's, 875 Main St. W., Hamilton, ON
- ▣ Student Chapter Contractor Meet & Greet and Resume Distribution - Fall 2010 or Spring 2011 Student Chapter Members & Resume
 - ▣ Student Chapter Site Tours - Fall 2010 & Spring 2011
- ▣ Member Plus FREE Seminars 2011 - January & February 1st & 3rd Friday Each Month 7:30 am - 10:30 am
- ▣ Member Plus FREE Seminars 2011 - March thru June 1st & 3rd Thursday Each Month 7:30 am - 10:30 am
- ▣ Member Plus FREE Seminars 2011 - September thru December 1st & 3rd Thursday Each Month 7:30 am - 10:30 am
- ▣ MCAO Annual Meeting/Conference - May 27th - June 5th, 2011 \$3,575 per person (\$3,210 plus \$365 tax); \$4,475 (single)
 All inclusive fee covers: 8 nights of Five Star accommodation (a combination of 4 nights at Rome's Hilton Cavalieri Hotel; 4 nights at Sorrento's Grand Hotel Capodimonte/Bellevue Syrene Hotel); all Breakfasts; 5 Dinners with wine/water/beer; MCAO Group Sessions/Events/Outings
- ▣ 9th Annual World Plumbing Conference - September 7th - 11th, 2011 Edinburgh, Scotland
- ▣ MCAC's 70th Annual National Conference - September 14th - 17th, 2011 Fairmont Le Chateau Frontenac, Quebec City, Quebec

MCAH CHRISTMAS PARTY!

Thursday, November 25th, 2010
LIUNA Station 360 James Street North, Hamilton
Cocktails 6:30 pm Dinner 7:15 pm
Continental Express Ballroom
Featuring *The Ultimate Party Band* "The Royz Band"



Join us for a fun night of delicious food, great company, and exceptional entertainment hosted by MCA Hamilton!

Last year many members purchased corporate tables, making the MCAH Christmas Party their own company celebration! As a token of our appreciation, we are now offering all corporate tables the following special incentives:

1. Company name on table 2. Company name in program
3. Company name recognition at the podium 4. Company name listed in our newsletter
5. And a special 'Thank You Gift' at each place setting at your table

THANK YOU 2009 CHRISTMAS PARTY CORPORATE TABLE SPONSORS!

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